

## STARTERS

**BERMUDA FISH CHOWDER \$9**  
black seal rum & sherry pepper vinegar

**SOUP OF THE DAY \$9**  
chef's hand-crafted daily soup

**CBC GUACAMOLE \$17 (V - GF)**  
mango, cilantro, jalapeño, tortilla chips, pepper sauce

**LOCAL TUNA TARTAR \$20 (V - GF)**  
orange, avocado, ginger soy dressing, crispy shallot

**SALT & CHILI TEMPURA**  
Chicken \$16 Vegetable \$15 Fish of the Day \$18  
sweet chili, wasabi mayo, burnt lime

**CREAMY TRUFFLE BURRATA \$20 (V)**  
tomato, mint, basil, first pressed olive oil, grilled olive bread

## SALAD BOWLS

**CLASSIC CAESAR SALAD \$17**  
parmesan, anchovy, egg, bacon, Caesar dressing

**FARMER TOM'S GREEN SALAD \$15**  
Grana Padano, bibb lettuce, avocado, pickled shallots

**TANDOORI CHICKEN SALAD \$22**  
iceberg lettuce, cucumber, tomatoes, red onion, raita yoghurt

**MIDDLE EASTERN BOWL \$16**  
roasted vegetables cous-cous, hummus,  
charcoal eggplant relish, tomato, feta cheese

Add 5oz Local Catch \$20 • Grilled Shrimps \$16 • Tandoori Chicken \$12

**DAILY POKE BOWL \$24 (DF - GF)**  
daily protein, pickled cucumber, mango slaw, seaweed salad,  
ginger dressing

## MAINS

**CHEF MICHAEL'S FISH & CHIPS \$29**  
George's bank fresh haddock, hand cut fries,  
mushy peas, charred lemon, tartar sauce

**TANDOORI CHICKEN SHASHLIK \$26**  
cucumber, iceberg lettuce, mango chutney, red onion,  
flatbread, Greek yoghurt

**CATCH OF THE DAY \$MP**  
please ask your server for details

**PASTA OF THE DAY \$26**

## HEALTHY LIFESTYLE

Gluten free wraps and breads available upon request

### Starters

**SMASHED AVOCADO \$17 (V - GF)**  
mango, cilantro, jalapenos, tortilla chips

**MEZZE NIBBLES \$17 (VV - V - GF)**  
hummus, baba ghanoush, pita bread

**GREEN GODDESS \$15 (VV - V - GF)**  
bibb lettuce, avocado, pickled shallots, house dressing

**ROASTED VEGETABLES COUS-COUS BOWL \$16 (VV - V - GF)**  
hummus, charcoal eggplant relish, tomato and dairy free coconut yoghurt

### Mains

**FALAFEL NAANWHICH \$20 (V - VV)**  
cashew-mint chutney, hummus, tomato, red onion, mango chutney

**WHOLE ROASTED ZUCCHINI \$26 (V - GF)**  
ratatouille, feta cheese, lemon and mint, Greek yoghurt

**BEYOND BURGER \$20 (VV - V)**  
plant based burger, lettuce, tomato, raw onions, side fries & slaw

**FALAFEL TACO \$24 (VV - V - DF)**  
guacamole, Pico de Gallo, flour tortillas

**GARDEN BURGER \$20 (V)**  
melted mozzarella, caramelized onions, tomato salsa

(VV VEGAN V VEGETARIAN GF GLUTEN FREE)

## TACOS

Served with guacamole, sour cream, Pico de Gallo, flour tortillas

**GRILLED GARLIC SHRIMPS \$28**

**GRILLED ROCKFISH \$26**

**TANDOORI CHICKEN \$24**

**FALAFEL \$24**

## HANDHELDS

Gluten free wraps and breads available upon request  
Please choose either side fries or salad

**SIMPLE SANDWICH \$20**  
served on multigrain or whole wheat or white bread  
please choose either tuna salad, egg salad or BLT

**CBC TURKEY CLUB SANDWICH \$24**  
British bacon, cheddar cheese, avocado, egg salad, mustard-mayo

**CAB BEEF BURGER \$20**  
brioche bun, lettuce, tomato, raw onions  
enhance your burger by adding bacon, fried onions, cheddar or Swiss cheese

**STRIPLOIN STEAK SANDWICH \$29**  
caramelized onions, olive ciabatta, peppercorn sauce, English cheddar

**GRILLED FISH SANDWICH \$24**  
old bay tartar sauce, bibb lettuce, tomato, avocado

## SIDES \$8

**HOMEMADE COLESLAW**

**FRENCH FRIES**

**TEMPURA ONION RINGS**

**MIXED SALAD**

**CAESAR SALAD**