

Breakfast at the Club

FRESH BEGINNINGS

Seasonal Fruit Salad 11 ● ●

CBC Yoghurt Parfait 13 | Greek yogurt, fresh fruit, granola ●

Mixed Berries 12 | seasonal berries ● ●

Trio of Melon 11 | watermelon, canteloupe, honeydew ● ●



PASTRIES, BREAD

served with French preserves & marmalades

Basket of Bread & Breakfast Pastries 10 | toast, croissant, muffin
choice of white, wheat, multigrain,
***gluten free multigrain toast available upon request

CEREALS

served with a choice of whole, skim or soy milk

Irish Steel Milled Oatmeal 8 | raisins, honey ●

CBC Homemade Granola 10 ●
choice of banana or berries

Breakfast Cereals 8 | RAISIN BRAN, CORN FLAKES, SPECIAL K ●
choice of raisins, dried cranberries, banana or berries

FROM THE GRIDDLE

served with a choice of applewood smoked bacon, pork sausage, grilled ham

Buttermilk Pancake 14 | honey scented whipped cream
choice of blueberries, chocolate chip

Banana French Toast 15 | maple syrup, vanilla cream



EGGS & OMELETS

served with a choice of applewood smoked bacon, pork sausage, grilled ham

Three Egg Omelet 16 | Classic or Egg White ●
spinach, tomato, mushrooms, peppers, bacon, ham, cheddar, swiss

Two Eggs 14 ●
fried | scrambled | poached | sunny side

Classic Eggs Benedict 19 ***
poached eggs, grilled ham, toasted English muffin, hollandaise

Avocado Bruschetta 16 ***
poached eggs, olive sourdough

JUICES & SMOOTHIES

Healthy Smoothie of the Day 12 ● ●

Juices 8 | Apple, Cranberry, Grapefruit, Orange, Pineapple, Tomato ● ●

HOT BEVERAGES

Regular, Decaffeinated Coffee, Black, Herbal Teas 4

Espresso 5 | **Double Espresso 7**

Cappuccino 6 | **Café Au Lait 7**



The breakfast plan includes a choice of
fruit juice, black or herbal tea or regular or decaffeinated coffee and one cold or hot item
Any items ordered over the set breakfast plan, will be charged at regular price

● Gluten Free

● Vegetarian

*** gluten free option available, please ask your server